

# ZOE SIMPSON INVITATIONAL 2016 MEET SCHEDULE

7:30 - 8:30 SCRATCH MEETING AND COACHES INFORMATION MEETING

9:00

## FIELD EVENTS

BOYS LONG JUMP	TRIPLE JUMP WILL FOLLOW West Runway
GIRLS LONG JUMP	TRIPLE JUMP WILL FOLLOW East Runway
GIRLS SHOT PUT	GIRLS DISCUS WILL FOLLOW
BOYS DISCUS	BOYS SHOT PUT WILL FOLLOW
BOYS HIGH JUMP	GIRLS HIGH JUMP WILL FOLLOW
GIRLS POLE VAULT	BOYS POLE VAULT WILL FOLLOW

## RUNNING EVENTS

9:00 DISTANCE MEDLEY RELAY (1200-400-800-1600) GIRLS / BOYS  
4 X 800 RELAY GIRLS / BOYS

12:00 RUNNING HEATS AGAINST TIME

(ALL EVENTS ARE GIRLS, THEN BOYS)

SHUTTLE HURDLE RELAY (FOUR PEOPLE PER TEAM)  
3200 METER RUN  
400 METER RELAY  
800 METER RUN  
100 METER HURDLES  
110 METER HURDLES  
100 METER DASH  
800 METER RELAY  
400 METER DASH  
300 METER HURDLES  
200 METER DASH  
1600 METER RUN  
1600 METER RELAY

Address: 2701 Kingwood Dr, Kingwood, TX 77339