

SBISD Cross Country Meet
Saturday Sept. 17, 2016

Athletes need to arrive at KO at 6:15 a.m.

The bus will depart at 6:30 A.M. from Klein Oak.

Parents please make sure your child eats breakfast or has something to eat for breakfast. Athletes may bring their breakfast to eat on the bus. Athletes need to drink about 64 oz. of water or Power Aid 48 hours before their race. Athletes are required to ride the bus to the Meet.

Athletes will return to Klein Oak by 12:30 pm for 1:00 pick up. Athletes must stay the entire meet. Athletes may leave with their parent(s) after the bus has been packed. Parents you must sign out with your child's coach before leaving.

Athletes keep up with any issued equipment, if you do not, you will have to pay for the equipment you lost. Please be responsible and represent Klein Oak and your parents well. All athletes will help out with the mats.

Meet Location: Nottingham Park Houston, Texas:

Let's have a great meet!
GO OAK!!!!!!

Thank You
Andress Andrepont
409-656-1549